

# The Landle™

## "Lifting the Standard of Safety"

Thank you for your purchase of The Landle™ lifting device. You have purchased the most universal lifting device available. It was designed by physical therapy professionals in a way that reduces your risk of injury when used correctly. We recommend that you lift with your knees and not your back. Please keep your back straight while you lift and bend at the knees. The Landle™ will make the object that you are lifting feel lighter than it actually is, but we recommend that you do not lift more weight than you would attempt to lift without a lifting device. The Landle™ is adjustable in length to ensure that you lift in the "power zone" which is the recommended lifting position. The "power zone" is when your back is straight and your knees are bent no more than 90 degrees.

### *Guidelines for using The Landle™*

- Adjust the strap to the shortest length possible to ensure that you are still lifting in the "power zone" and that you have maximum control over the object that is being lifted.
- Grip the handle on the portion of the grip that is away from your body to encourage the object being lifted to remain close to your body for maximum control.
- Let your lifting force remain upwards (vertical) instead of pulling toward your body (horizontal) to prevent the strap from sliding underneath the object being lifted.
- When placing the strap under an object, ensure that the strap is in the center most portion of the object to ensure maximum stability. When gripping the handle on the portion of the grip that is away from your body, the arc of the grip will tilt the object you are lifting toward your body to ensure maximum control when lifting, which is the recommended lifting position.

Frequently inspect the strap for signs of excessive wear. Do not use the strap if it has been cut, frayed or excessively worn, as this will reduce the strength and safety of the strap during use.

12 Stone Brands, LLC assumes no liability for product use outside of the intended use. This product is intended for lifting items with a total weight of less than eight hundred (800) pounds.

Do not lift a total weight greater than eight hundred (800) pounds with this product. 12 Stone Brands, LLC shall not be held liable for any improper or incorrect use of The Landle™ and shall not be held liable for any damages caused as a result of the use of The Landle™. In no event shall 12 Stone Brands, LLC be liable for any direct, indirect, incidental, special, exemplary, or consequential damages however caused and on any theory of liability, whether in contract, strict liability, or tort (including negligence or otherwise) arising in any way out of the use of the The Landle™, even if advised of the possibility of such damage.

This disclaimer of liability applies to any damages or injury, including but not limited to those caused by any failure of performance, error, omission, defect, whether for breach of contract, tortious behavior, negligence, products liability or under any other cause of action. Choice of Law: Construction of the disclaimers above and resolution of disputes thereof are governed by the laws of the State of Arkansas and shall be decided by a Court located in Arkansas.

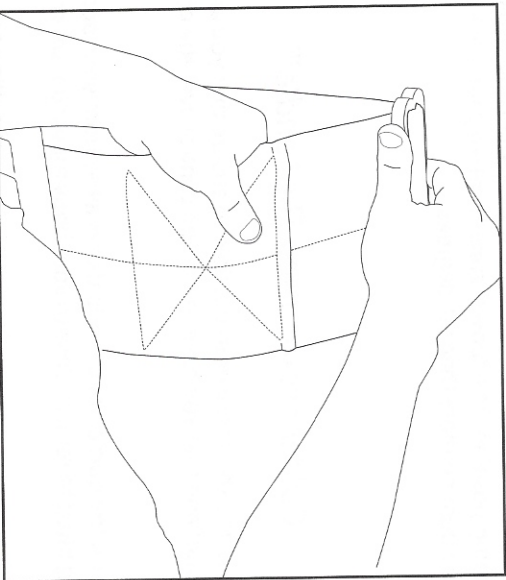
12 Stone Brands, LLC's liability for defects on this product shall not exceed the purchase price of the product.

\*\*\*Disclaimer of Warranties \*\*\*

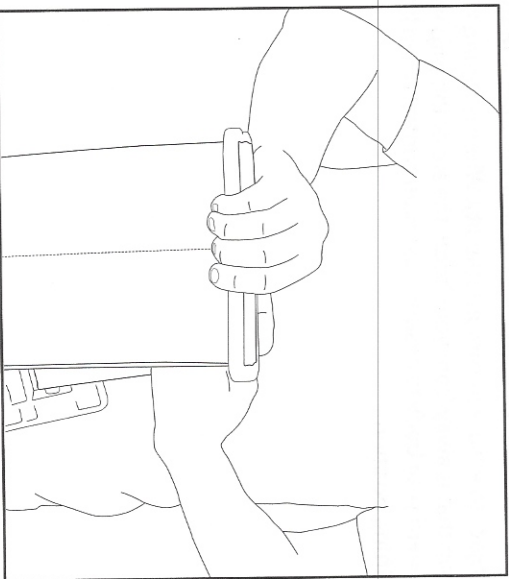
## *Instructions for Use*

1. Adjust the strap to the desired length. We recommend the shortest length possible while still lifting in the "power zone" to ensure maximum control of the object being lifted and ease of walking.

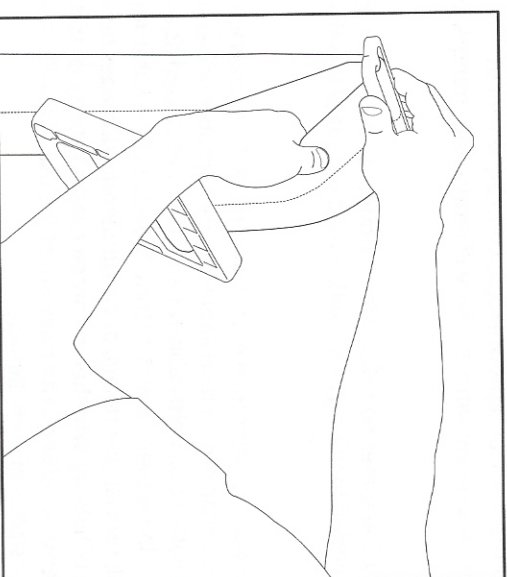
A. To lengthen strap, hold the single layer of the strap with one hand while gripping the slide with other hand.



Push the slide directly away from your body in a straight line.



- B. To shorten the strap, simply grip the top layer of the double layer of strap and push the slide directly away from your body. You may do this 2-3 times to achieve desired length.



2. Carefully tip the object being lifted and position the strap under the center most area of the object.
3. Grip the handle on the portion of the grip that is away from your body to ensure the object being lifted stays close to your body throughout the lift to ensure maximum control.
4. Once you have a firm grip on the handle, slightly bend your knees while keeping your head up to ensure your back is straight.
5. As you straighten your knees to lift and stand, the object will remain close to your body to ensure maximum stability and control.
6. To lower the object being lifted, slightly bend your knees while keeping your head up and your back straight and lower object to floor.
7. Slide the strap out from underneath the object. You may have to tip the object slightly to remove the strap from underneath.