MOVING WITH INFANT CHECKLIST

PLAN AHEAD

- [ ] Confirm your moving date and U-Box® schedule
- [ ] Start packing nonessential belongings early
- [ ] Break packing into shorter sessions
- [ ] Arrange help from family, friends, or a caregiver
- [ ] Book Moving Help® if you want help with loading or unloading
- [ ] Plan where your baby will stay during loading
- [ ] Gather important health and identification documents
- [ ] Keep frequently used baby items unpacked

PACK BABY ESSENTIALS

- [ ] Diapers and wipes
- [ ] Diaper cream and changing supplies
- [ ] Feeding supplies
- [ ] Burp cloths and bibs
- [ ] Pacifiers, if used
- [ ] Several changes of clothes
- [ ] Baby toiletries
- [ ] Medications
- [ ] Comfort items
- [ ] Extra clothes for a parent or caregiver
- [ ] Sealable bags for wet or dirty items
- [ ] Keep the essentials bag with you during the move

PREPARE FOR MOVING DAY

- [ ] Set aside a quiet, clean space for your baby
- [ ] Keep packing materials away from the baby's area
- [ ] Clear walkways and loading areas
- [ ] Confirm who will care for your baby during loading
- [ ] Charge phones and essential devices
- [ ] Keep important documents with you
- [ ] Double-check that baby essentials were not packed in the U-Box® container

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MOVING WITH INFANT CHECKLIST

MOVING DAY

- [ ] Keep your baby away from loading and unloading areas
- [ ] Keep the baby essentials bag within reach
- [ ] Leave extra time for feeding, changing, and breaks
- [ ] Maintain familiar feeding and nap cues when possible
- [ ] Keep medications and important documents accessible
- [ ] Do a final check of the baby's room before leaving

SETTLE INTO YOUR NEW HOME

- [ ] Create a safe space for your baby first
- [ ] Set up your baby's sleeping area
- [ ] Set up a diaper-changing area
- [ ] Organize feeding supplies
- [ ] Unpack the essentials you will need that night
- [ ] Keep familiar bedtime and soothing routines
- [ ] Take your time unpacking the rest of your home

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